

### Volunteers Information Pack



Empowering young women, and their families, through cancer and beyond.



#### Welcome

We hope we can encourage you to contact us to discuss becoming a much needed and very welcome volunteer to help us in our vision and mission to support more young women, and their families, through their cancer diagnosis and beyond.

#### Our Story

In the January of 2013, Victoria's father passed away after a rigorous three year ordeal with cancer. This was not Victoria's first experience of cancer, having seen her mother face cancer during Victoria's youth and losing her grandmother to the illness shortly before. Victoria was in the early throws of grieving the loss of her father when, in November of that year, as a healthy, vibrant and energetic 29 year old, she was struck with her own cancer diagnosis.

Victoria was fully hospitalised with a rare and very aggressive cancer. CJ, her husband of not yet a year, Fiona, her mother, and Alexander, Victoria's brother, moved into the hospital room with her, , making do with one armchair and a single pop up bed. to form a united front in supporting her back to health. During this time Victoria stated that she was going to overcome the disease and promised to go on to use her experiences to inspire and support others going through a similar ordeal.

Despite showing extraordinary courage and determination, Victoria's health declined rapidly and tragically, in January 2014, Victoria was taken from her family and friends, short of a year after her father had passed. Her passing was felt by all that loved her and the loss impacted so greatly, so deeply, that



her family knew they had to direct all of the love coming in for Victoria toward something positive, towards fulfilling her legacy, and uphold the promise she made.

Having seen first-hand just how many additional and critical struggles Victoria and other young women go through, the family knew that this was the first place they had to address. Thus, Victoria's Promise was born. A charity dedicated to supporting young women through cancer and beyond.

### What we are looking for:

Friendly and enthusiastic people who have an understanding of VP's vision and mission and want to help the charity flourish. We have many different ways you can help in a voluntary capacity including:

- Delivering leaflets to our local community to promote the charity and events we run.
- Helping to locate and take responsibility for some of our donation boxes in retail outlets.
- Helping with events Victoria's Promise organise.
- Setting up or encouraging friends, neighbours and local community to run a fundraising event.

It is helpful to have some of the following skills, of course dependant on what voluntary roles you feel best suit you:

- Good communication and engagement skills with strangers.
- Confidence.
- Proactive and positive.
- Hard-working.
- Kind, compassionate and reliable.
- Creative.

# Volunteering can offer opportunities for you:

- Meet new people in your local community whilst helping the charity to flourish.
- A great opportunity to impact our cause with a hands on approach
- Be a part of team VP and work alongside a passionate fundraising team.
- Be the first to hear about opportunities to help at events.



## Next step - How to become part of our VP Team:

Please e-mail your interest with your phone number, address, full name, and why you want to be involved as well as any queries you might have to ed@victorias-promise.org.

We thank you and are very grateful to you for your interest in helping us raise more funding and awareness for the work we do at Victoria's Promise to support and empower young women, and their families, through their cancer journey and beyond.

#### Victoria's Promise

Landmark House, Station Road, Hook, Hampshire, RG27 9HD